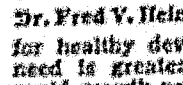


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ONE TO GROW ON

By Fred V. Hein, Ph.D., Consultant in Health and Fitness.
Bureau of Health Education, American Medical Association.

"One To Grow On" is a happy birthday thought. But no one food can supply all the nutrients youngsters need for healthy growth. For proper development boys and girls need foods that build and repair tissues, foods that supply energy, foods that furnish each of the vitamins and minerals. It takes plenty of all kinds of good foods to do the job. And during growing years, plenty is the key word. "Johnny is shooting up like a weed," you say. And that's not idle talk. Johnny, or Mary, or that matter, may grow several inches in a few months. It takes plenty of the protein foods—meat, fish, poultry, eggs, cereals, milk, cheese—to provide all the building blocks (amino acids) needed for healthy development. This need is greatest, of course, in rapid growth periods.



Dr. Fred V. Hein, Ph.D., Consultant in Health and Fitness, Bureau of Health Education, American Medical Association.

Rickets is a deficiency disease in which bones fail to develop proper strength and shape. But doctors seldom see a case of rickets today. That's chiefly because boys and girls now have their best source of calcium, which along with the vitamin D in fortified milk helps to ward off this bone-warping disease. As nearly everyone knows, milk is also a rich source of protein.

An apple a day may not keep the doctor away for Johnny and Mary. But fruits and vegetables are a vital part of their diets. Vitamin C, for example, is often in short supply among children. Citrus fruits or other C-rich foods such as tomatoes, green peppers, cabbage, or berries

each day can step up this intake to proper levels. Dark green and deep yellow vegetables are important for vitamin A. And don't forget the starchy vegetables to help caloric requirements. Healthy children furnish a good example of perpetual motion. Their constant and vigorous activity demands plenty of the carbohydrates found in bread, cereals, potatoes and the like. Many of these foods, contrary to popular notion, furnish considerable good-quality protein as well. Enrichment of bread and other cereal products assures valuable B vitamins and iron.

In addition, children need a certain amount of fat. Milk, eggs, and even lean meat have more than you think. Ice cream and other desserts furnish some. And who wants to eat even the best bread or rolls without butter or margarine? On sweets, be realistic. Sweets are dessert. They fulfill a need. For dental reasons, it's good to brush teeth immediately afterwards. When that's impossible, a "swish and swallow" will help.

General dietary advice cannot be applied to all children. Obesity may be due to overeating, underactivity, or other problems. A seemingly undernourished child may be only thin, or he may have some underlying health problem. In either case medical help is needed to determine causes.

But for the average child here's your quick "run-down" on foods for good growth. Meat type—2 or more portions each day; bread or cereals—4 or more portions; fruits and vegetables—4 or more portions. Watch C, check green and yellow, potatoes too; fats—depending on needs; sweets—as desired. Watch the heavy child: special problems—you and your doctor.

Find the strength for your life...



WORSHIP TOGETHER THIS WEEK

STATE POLICE URGE FAMILIARITY WITH THE "SIGNS OF LIFE"

The State Police urge us to become familiar with the "Signs of Life"—the six basic sign shapes which will help to keep us—and all other motorists and pedestrians safe in traffic. Each of these six basic sign shapes has a distinctive type of message so that we can recognize them quickly and take immediate action.

These are the six basic sign shapes and the messages which each convey:

1. Eight sided, red with white lettering, means come to a full stop and be sure the way is clear before proceeding. The older signs yellow with black lettering, have the same meaning.
2. Triangle, yellow with black lettering, the newest of the standard signs. It requires a driver to yield—that is, slow down or stop—to give right of way to cross traffic at intersections.

3. Rectangular signs, white with black or other color lettering, state the laws, parking restrictions, speed limits, turning and passing regulations, etc. Obey these signs and the laws they represent.
4. Diamond shaped yellow signs warn of dangerous or unusual conditions ahead such as curves, dips, bumps, school zones, etc. Use extra caution until the hazard is passed.

5. The Round yellow sign with X and 800 means just one thing—a highway-railway crossing ahead. Be prepared to stop. Obey all protection devices, and be sure all tracks are clear before crossing.

The crossbuck is the traditional symbol at highway-railroad intersections. Alone or in combination with a bell, flashing lights, gates

CONGRESSMAN OLIVER'S NEWSLETTER

The dust has finally settled and the long, hard work has begun. After the preliminary swearing-in ceremonies, the President's State of the Union and Budget messages, Congress has finally got down to business. I look for a long, lively session. Don't expect to get home before August.

I am counting on you people back home to provide me with legislative ideas. Of course, I do have some definite proposals in mind. First in order of priority will be an attempt to relieve the employment situation in the Biddeford-Sanford area. Everyone in Maine is unhappy when those who want to work can't find jobs.

Remember that I am here to serve you. I can get certain Government documents for your uses. I can also be of help in certain situations where the Federal Government is involved. In any case, try me. I will be happy to hear your views on any subject; just drop me a line.

Either write me here in Washington or my District Representative, Mr. Kenneth Curtis, Room 203, 76 Pearl Street, Portland, Maine. Ken plans to spend one afternoon each week in Rumford, Bath and Biddeford in order to serve you better. When and where he'll be, will be published in your local paper at a later date. If any of you are in Washington, please do not hesitate to drop in and see me. I am in Room 237 at the Old House Office Building.

or other protection, it is there to warn you.

"Remember," the State Police concluded, "it is not enough to know these signs of life. If they are to protect us, we must obey them."

Haydn S. Pearson

WINTER WEARS ON

February is the shortest month of the year. But there are some seasons when it seems the longest. It is a time of gray and whites, a time of cold spells and thaw and periods of alternate advances and withdrawals. One day a man is certain he can see Spring in Year's eyes, and the next day he is certain that the worst of the winter lies ahead. Of course, if the weather's prediction is correct, we can't know whether winter is practically over or whether we shall wait until mid-March for the introduction to the new season.

This is the Moon of Hungry Foxes. The days glid grimly by. A cloudy, somber, second month is a severe test of man's patience when he is studying the seed catalog. February is usually a mixture of penetrating cold and sudden warmth, of low-lying clouds and bright, sunny days. The landscape is shod and shined; the snow-covered fields are granular and the snowbanks beside the roads are stained with dark slush.

But it is February. There are heartening days when the sun pulls into a deep blue sky and flocks of shaggy white clouds meander over the upstate meadows; there are days when the south wind looses Winter's last chains and water drips from roofs. Then it is that a man's heart lifts and he can almost smell spring in the air as he patters around the barnyard.

There is a quiet brooding expectancy over the fields on mild temperature days. Twice in that annual cycle we label Year. Nature seems to pause and gather its forces for the great change ahead. In February, and again in August a man can feel the consolidation of power. It isn't spring yet; there are hard storms and bitter cold spells to come. But each day that passes brings us nearer the ever-cold but ever-new time of resurrection. Faith is the basic foundation of life and to him with faith, February is a time that brings nearer the miracle of spring.

A GOOD LEMON PIE

I like lemon pie. I have reached the age when I have to use discretion whether or not I want to. After a satisfying, hearty meal, some of us want a desert on the light side. I tell Branches when she has a super dessert dripping with calories, to go easy on the front course.

We ought to use more lemons. This healthful fruit probably originated in northwest India. I have read that some of the large trees in Sicily will ripen up to 3000 fruits in a year. The average size lemon contains about two ounces of juice.

This is what I call a doctored lemon pie and if you try it, I will be glad to hear what you think of it. You need three lemons, three eggs, three tablespoons sugar, one can condensed milk, one small box of vanilla wafers. Squeeze the lemons and add the grated rind of two lemons to the juice. Add the lemon juice to the well beaten yolks, and beat this liquid with the condensed milk.

Roll the vanilla wafers fine and press into a pie pan. Use a little melted butter or margarine if crumbs are too dry to press well. Add the filling. Cover the filling with a meringue made of the egg whites and three tablespoons of sugar.

Bake at 300 for 25 to 30 minutes until meringue is pleasantly browned. This is a flavorful pie and doesn't overload the tummy. I know you all have opinions—some of them firmly entrenched. But please chill this pie a while before serving it. A room temperature lemon pie is a first cousin to tepid soup.

The OXFORD COUNTY CITIZEN
The Bethel News, 1955
The Rumford Citizen, 1955
Entered as second class matter, May 7, 1955, at the post office at Bethel, Maine. Published Thursdays. Subscription rate, \$1.00 a year. Single copies, 7 cents. Copies more than one year old, 25 cents each. Telephone VANADYNE 4-1444 Carl L. Brown, Publisher.

TODAY'S Meditation



Thursday, February 12
Read Matthew 11:25-30.
God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life. (John 3:16).

Why do many of us wander through this life thinking, acting, talking like hollow men, misunderstanding and being misunderstood?

Why? Does God want us to be cars on a track leading nowhere? No. To be empty shells? No.

We were put on this earth for a reason: To seek God—know Him—love Him—witness to Him.

Where can we meet Him? In prayer, in God's Word, in other persons.

How can we approach Him? Through Christ.

Does God in Christ really love us—care about us? Yes. "For God so loved the world that he gave

his only begotten Son, that whosoever believeth in him, should not perish, but have everlasting life." His words beckon: "Come unto me.... My yoke is easy, and my burden is light."

The yokes of this world are burdensome, but His yoke is a blessing to bear. An early saint, Bernard of Clairvaux, says with so much truth:

"O blessed burden that makes all burdens light!
O blessed yoke that bears the bearer up!"

PRAYER: O God, Thou eternal love, give me grace and courage to take the yoke of Christ upon me and be lifted up with His peace in my soul. I ask it in the name of Him who died that I might live. Amen.

Thought For The Day
I will take upon me the "blessed yoke that bears the bearer up."

Dan Damon (Pennsylvania)

CHURCH NEWS

BETHEL METHODIST CHURCH
Richard M. Hamilton, Pastor
Sunday, Feb. 15:
11:20 a. m. Family Worship Hour and Nursery Activity Program.
"Portrait of Jesus, His Clothes."
6:30 p. m. Senior and Intermediate MYF at the Church, film-strip, "Of Cats and People."
Thursday, Feb. 19:
7:30 p. m. Monthly meeting of the WSCS to be held at the home of Mrs. Abbie Brown, Mrs. Nelson Canfield, District Secretary of Spiritual Life, will be the guest speaker.
7:00 p. m. Choir Rehearsal, Mrs. Phyllis Dock, Director.

WEST PARISH CONGREGATIONAL CHURCH
Rev. Clifford W. Laws, Minister
Sunday, Feb. 15:
Morning Worship Service, 11:00.
Sermon theme, "The Place of Salvation."
Church Nursery, 11:00.
Church School, 9:30.
Pilgrim Fellowship, 6:30.
All members of the Fellowship will join with the Methodist Youth Fellowship in the showing of a film and discussion of "Alcoholism" at the Methodist Church.

Thursday, Feb. 19:
Meeting of the Lenten Adult Bible Study Group at Garland Chapel, 7:30-8:30. All members of the parish are invited to join the group.
Thursday, Feb. 19: Regular meeting of the Ladies Club, 2:30. The meeting will be at the home of Mrs. A. Van, Assisting Mrs. Emma Van as co-honorees will be Mrs. Walter Tikander, Mrs. Elmer Bennett and Miss Beatrice Brown. The program will be a Scotch auction.

ORTHODOX PRESBYTERIAN CHAPEL
At the Legion Rooms.
Rev. Charles Stanton, Minister.
Church Service, 10 o'clock.
Sermon subject, "The Second Commandment."
Sunday School, 11 a. m.
Wednesday night prayer and Bible Study, 7:30 to 8:30. Everyone is invited to attend these services.

CHRISTIAN SCIENCE
God's great healing and saving power will be brought out at the Christian Science services Sunday. Golden Text: "Truly my soul waiteth upon God: from him cometh my salvation." (Psalms 62:1).
"How Christian Science Heals": Radio, WGAN, 9:00 a. m. Sunday, "A Growth Healed Through Prayer": TV-Channel 5, "How Divine Guidance Brings Protection": Channel 13, "Nothing is Impossible to God."

CATHOLIC SERVICES
The Holy Sacrifice of the Mass will be offered Sunday at 8:30 in the Legion Hall. The Guild Academy students will receive Religious Instructions after Mass.
Children in elementary grades of Bethel have catechism at 10:00 A. M. Saturday at Mrs. Virgie McMullen on Bridge St.
The Legion of Mary will meet each Tuesday at 7:30 P. M. at Mrs. Virgie McMullen's.

The Promoters of the League of the Sacred Heart meet the third Sunday of the month after Mass. Their practices each Saturday at 1:00 P. M. at John Nowak's home, North Bethel.
Preparation for First Holy Communion given at the home of Mrs. Curiveau at 10 a. m. Saturday.

WEST BETHEL UNION CHURCH
Grant Kirker, Pastor
Mrs. Paul Head,
Sunday School Supervisor
Mrs. George Stowell, Jr., Organist
9 a. m. Sunday School.
10 a. m. Worship Service.
4 p. m. Junior Youth Group.
5 p. m. Maple Grove Youth Fellowship.

LOCKE MILLS UNION CHURCH
9:30 a. m. Sunday School.
11:30 a. m. Morning Worship.

BRYANT POND BAPTIST CHURCH
Rev. C. E. Lindahl, Pastor
Sunday, Feb. 15:
Sunday School, 9:15 a. m.
Morning Worship Service, 10:00.
Nursery open.
Evening Service, 7:30 p. m.
Monday, Feb. 16: Upper Room Fellowship, 7:00 p. m.

Tuesday, Feb. 17: Meeting of the Susan E. Haswell Missionary Society at the home of Mr. and Mrs. Everett Burnham, 7:30 p. m.
Wednesday, Feb. 18: Midweek Bible Study and Prayer Meeting, 7:30 p. m.

Thursday, Feb. 19:
Jr. Choir Rehearsal, 6:30 p. m.
Sr. Choir Rehearsal, 7:30 p. m.

BRYANT POND UNIVERSALIST CHURCH
Sunday Services at 9 a. m. Rev. Donald Hinckley, Pastor, Mrs. A. H. Mann, Organist. Special music will be furnished by the male quartet: H. Stanley Andrews, Gilman Whitman, Homer Carne and Clinton Jenkins.
Sunday School at 10:15, Mrs. Gertrude Andrews, Supt.
Public supper sponsored by Fellowship Club, Tuesday evening, Feb. 17, at 6 o'clock.

WEST PARISH FINNISH CONGREGATIONAL CHURCH
Rev. Felix Mayholm, Minister
Saturday, 10:30 a. m. Children's Bible Club at Church.
Sunday, 9:30 a. m. Sunday School; 10:30, Worship service; 1:30 p. m. Radio Broadcast in Finnish; 2:30, Christian Endeavor at Church.

WEST PARISH BAPTIST CHURCH
Rev. Albert Coffey, Minister
Friday, Feb. 13, 7:30 p. m. World Day of Prayer conducted by the Golden Rule Guild assisted by women of the other churches.
Sunday, Feb. 15, 9 a. m. Worship; 10:15, Sunday School.
Wednesday, 6:30, Choir rehearsal; 7:30, Hour of Power.
Thursday, 8:30 p. m. Junior H Fellowship.

FIRST UNIVERSALIST CHURCH
Rev. Donald M. Hinckley, Minister
Sunday, Feb. 15, 9:30 a. m. Sunday School; 10:30, Worship Service; 8 p. m. Senior Youth Fellowship at Manse.
Monday, 8:30 p. m. Friendly Club at Good Will Hall. A pot luck supper will precede the program. Supper committee, Mrs. Clara Gordon and Mrs. Evelyn Bean; Program committee, Rev. Donald M. Hinckley.

Tuesday, 7:30 p. m. Junior Youth Fellowship at the Church.
Wednesday, 8:45 p. m. Choir rehearsal at Church; 7:30, Rev. E. E. Forbes claim at home of Misses Bradford and Ralph. Hall call word "Heed." Devotions, Mrs. Myrtle Benson; Bible Reading, Mrs. Marjorie Kingwood.



Create in me a clean heart, O God, and renew a right spirit within me. Cast me not away from Thy holy presence. —(Psalms 51:10-11.)

It is only when we have gained, through devout prayer, our Father's everlasting mercy, that we can gain also a clean heart and a right spirit. Then we will know His presence, enveloping and filling us, and find therein a strength superhuman, a peace beyond description.

DAIRYMEN JUDGING 12 FARMS THIS WEEK

Judging of the top 12 forage programs in Maine dairy farms is being conducted this week as part of the Green Pastures-to-Winter program. The 12 farms selected by committees of dairymen are in 12 counties throughout the State. Picking the top three this week for the New England judges to inspect next week are Chester Johnson, Hittory dairymen and 1005 Maine Green Pastures-to-Winter champion, Robert Hill, Grayburg dairymen and third-place 1005 winner and Lacey Bingham of Auburn.

The 12 farms in contention are Haydon Farm, Mr. and Mrs. Alton Hansen, Gorham; Robert Pike, Gorham; Philip Andrews & Sons, Fryburg; Roland Hemond, Mechanic Falls; George Shaw Strong, Carl Wood, Cornville; Fred and Robert Matter, Cornville; Edmund May, Greenville; Ralph Smith, Hiram; John Ingraham & Sons, Tebouchie; Ralph Pearce & Son, Hugs; and Oakland Farms, Gardiner.

VA NEWS LETTER
Veterans holding permanent GI life insurance don't need to surrender their policies for cash in order to raise money urgently needed during financial emergencies.

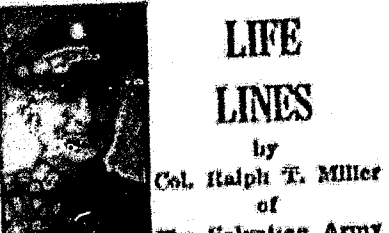
Veterans Administration said these veterans may borrow up to 54 percent of their policies' cash surrender value.

Although this action reduces the amount of protection for the veterans beneficiaries by the amount borrowed, it does leave the policy in force, VA explained.

One surrendered for cash, however, all protection under the insurance ceases forever, since the GI policy is cancelled and cannot be renewed or reinstated, the agency said.

Should a veteran borrow on his GI insurance and then die before repaying the loan to full the outstanding indebtedness will be deducted from the policy proceeds before the latter is paid to the beneficiaries, VA pointed out.

For example, if a veteran dies while owing \$500 on his \$10,000 GI policy, the beneficiary would receive \$9,500.



LIFE LINES
by
Col. Ralph E. Miller
of
The Salvation Army

THE SECRET OF THE SERENE SPIRIT
A friend of mine knew Dwight L. Moody, the great evangelist of the last century. People were often puzzled to know what was the secret of this man, seemingly so limited in intellectual powers, but with a spiritual glow about him, the center of that great revival, which kindled all America and the British Isles.

How did he do it? He was obviously of little talent, not an eloquent speaker. There was nothing impressive about him.

But one summer, at Northfield, attending a summer conference near Moody's home, my friend learned the secret. He tells of getting up early one morning, to go for a walk up the hill, before breakfast. As he was climbing the hill, he met Mr. Moody on the way down from the summit.

"I'm glad to see you climbing the hill in the morning," he said. "Don't ever miss your chance for an hour of prayer in the morning early I wouldn't dare to begin my day without this hour of prayer on the hill-top."

Was that hour on the hill-top the secret of Dwight L. Moody's life? I think it was.

Are there any hill-top hours in your life?

As a generation we have gone wild over "Peace of Mind." Any book or magazine article promising it is sure of a ready sale. But we are neglecting the one place in which it is to be found.

There is a sentence in the Gospel story that puzzled me for a long time. "Great multitudes gathered to hear and to be healed of their infirmities." But He withdrew—Mark 6:15-16. Why should Jesus have just when people most needed Him?

"But if you read on, you will see He left the needy people that He might climb to the mountain top, and have His spiritual power renewed. Then He came back to heal. Perhaps you and I need to do the same thing."

Unpaid interest is added to the outstanding amount of the loan. This would soon eat up the remaining cash value of the policy and the insurance protection would cease.

Repayment of the principal on GI policy loans may be made in amounts of \$5 or any multiple thereof, and at any time before default in payment of premiums. The agency explained.

Loans can be made only on permanent GI insurance policies. GI term insurance has no loan value, VA added.

"Perhaps the best long-range solution (for real economic growth) is for every secondary or high school in the land to start making investments required for four years from grade nine through grade twelve," says Walter White in The

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News of 4-H CLUBS

ALBANY HUNT'S CORNER AND VICINITY

— Mrs. Harlan Bumpus, Corres. —
Andy Inman celebrated his ninth birthday with a party on Saturday held at the Community Room, Bethel, with the following guests present: Duane and Wendy Cross, Scotty Bean, Bruce Cummings, Jack Cross, Eddie Deegan, Jimmy Young, Mark Hutchins, David Hutchins, Bill James, Bill Myers, Tommy Davis, Alfred Leighton, Mike Inman, Larry Fox, Darlene and Judy Merrill, Carol Olson, Pammy Douglass, Ruth Tebbets, and Sharon Brown. Diane Cross sent a gift but was unable to attend.

Mrs. Olive Spinney entertained Mr. and Mrs. R. L. Kinney of Gray at lunch Friday.

Mr. and Mrs. Don Cross, Duane and Wendy, were Sunday callers of Mr. and Mrs. Howard Inman.

Earl McAllister and son, Dwight, Grace Sisco, and Carol Graves were Sunday dinner guests of Mr. and Mrs. Albert McAllister.

Mrs. Barbara Inman, Mrs. Alta Meserve, Mrs. Laura Pinkham, and Sibyl and Sharon Brown were in Berlin on Thursday.

Mrs. Rachel Hutchins was a recent caller of Mrs. Olive Spinney.

Mrs. Earl McAllister entered the Bath Memorial Hospital last week for a gall bladder operation.

Mr. and Mrs. Arthur Hazelton and children of Bridgton were Sunday dinner guests at Harlan Bumpus'.

Mr. and Mrs. Howard Inman and children were Sunday dinner guests of Mr. and Mrs. Hugh Stearns.

Elmer Saunders was a recent caller at Harlan Bumpus'.

SUNDAY RIVER

— Mrs. R. M. Fleet, Corres. —

Kenneth Nowlin assisted at Clarence Kimball's Monday night when the rollers were taken to market.

John Vail visited the Will Spinneys Sunday, from Bear River.

Those from this neighborhood attending Pomona Grange at Bryant Pond Tuesday were Mrs. Eva Yates, Mrs. Marion Kimball, Mrs. Julia Fleet.

Estes Yates visited friends at Bryant Pond, Tuesday.

Marion Kimball and Daisy Snow were in Oxford and Norway Wednesday.

— Mrs. Florence Holder, Corres. —

Mr. and Mrs. Douglass Daniels and two daughters of New York City spent the week end with relatives in town.

Mrs. Leon Tyler underwent an operation for gall stones at the St. Louis Hospital, Berlin, last Friday.

Mr. and Mrs. Russell Cole left last Friday to spend a few weeks in Florida.

Mrs. George McArthur returned Tuesday from the St. Louis Hospital in Berlin.

"The Land and People of the West Indies" by John Quincy.

Crime: "The Sleepless Men," by H. Nis-

ete. "Never Turn Your Back," by Margaret Schen.

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LOCKE MILLS

Mrs. Florence Swift, Corres.

The Ladies Circle will meet Wednesday, Feb. 18, at the home of Mrs. Philip Bolan at Bryant Pond. Mrs. Vivianne Torres and Mrs. Kay Bolan will be hostesses at a progressive whist party, Feb. 18, at 8 p. m. at the home of Mr. and Mrs. Lester Bickford. Donations will be accepted, all proceeds to be turned over to the Parent-Teacher Group. Refreshments will be served.

A meeting of the Pitch-in-and-Work 4-H Club was held at the Greenwood Community Clubhouse on Feb. 7. The meeting was opened in form by the president, Robert Holt. There were 11 members and one visitor, Anita Pierce, present. Some money making projects were discussed. On the evening of February 7th, Wayne and Raymond Hakala, Priscilla and Dixie Waisanen, Frederick Harrington, and Joanne Hawkins entered the sectional demonstration contest held at the Good Will Hall in West Paris. Priscilla and Dixie Waisanen won in the senior doubles category with a Forestry demonstration. Joanne Hawkins won in the senior division with a canning demonstration.

Mrs. Ann Swan was given a surprise baby shower Saturday night at the home of Mrs. Lester Bickford.

The hostesses were Mrs. Cathy Bickford and Mrs. Joyce Hathaway. Decorations were arranged in

an attractive pink and blue theme. The shower cake was made by Mrs. Joyce Hathaway and corsage by Mrs. Grace Coburn. Many gifts were received including a nice car bed.

Guests present were: Lella McAllister, Bethel; Miriam McAllister, Kaye Bolan, Winnie Hanscom, Louisa Noyes, Peggy Cole, Irmay Hathaway, Lola Day, Alice McInnis, Bryant Pond; Dolly Verill, South Paris; Bea Lang, West Paris; Mae Andrews, Beverly Melville, Sylvia Dunham, Margaret King, Lillian Swan, Denise Swan, Louise Seames, Elsie Bennett, Cora Bennett, Vera Cross, Rowena Herbert, Margery Swan, Barbara Wakefield, Evelyn Johnson, Louise Twitchell, Bertha Flanders, Gladys Jordan, Merry King, Phyllis Kimball, Joyce Hathaway, Cathy Bickford, Locke Mills.

Sending gifts were Eunice Hathaway, Irene Hutchinson, Bea Judkins, Lora Noyes, Mary Mills, Rowena Dunham, Mabel Dunham, Charlotte Cole, Lillian Lapham, Kay Roberts, Marion Swan, Myrtle Bacon, Judy Andrews, Jeannette Tebbets, Georgia Jordan, Connie Blanchard, Locke Mills Youth Group, Tessie Martin, Vivianne Torres, Iola Marshall, Ida Lurvey, Althea Hathaway, Lillian Kimball, Peggy Roberts, Ethel Martin, Shirley Morse and Sandra Dunham.

NEW FROM OUR ADVERTISERS: THEY WANT YOUR BUSINESS

Bethel Spa

NORMA R. JODREY

Valentines

AND VALENTINE CANDY

Tydol Service Station

Bethel

Leased and Operated by

JOE PERRY

FOR SALE

Robertson House

Corner Elm and Main Streets

TO BE REMOVED

Reasonable Offer Will Be Accepted

MAX ZALLEN

PREMIUM FUEL OIL

AT NO EXTRA COST



MADE BY THE MAKERS OF BLUE SUNOCO MOTOR FUELS

SUNGARD*, a unique chemical additive in SUN-HEAT, the PREMIUM fuel oil, keeps filters and nozzles clean... prevents rust and corrosion in tanks and lines.

Premium SUNHEAT with SUNGARD eliminates service calls due to oil. Yet Premium SUNHEAT sells at regular price.

For economy and heating satisfaction—

Buy Premium Sunheat with SUNGARD

*Trademark of Sun Oil Co.

BROOKS BROS., Inc.

PHONE VAndyke 4-2222

FOR SALE

FOR SALE — Birch and maple slabs cut stove length approximately 2 cords, \$18.00 delivered in Bethel. RUGGER FAVREAU, Call VAndyke 4-2975.

LIVE BAIT — BOB LOWE.

FOR SALE — Rebuilt 1947 Chev. motor complete with cylinder head new fuel pump, new water pump, new clutch pump. Can be seen at CROCKETT'S GARAGE, \$100.00.

American Standard hot water oil burning furnace. Three years old. Automatic controls. \$300. STANLEY DAVIES.

Several new 1958 tractors, one demonstrator at special prices and remember the new Harvester Early Tractor Bonus. Buy and save on new equipment now. We are in a trading mood. Acres of new equipment, bull, young bear, saddle horses, ponies, donkey, harnesses and saddles. Do you enjoy our Sunday morning program, 9:30 to 10:00 over WWTQ? TWITCHELL FARM EQUIPMENT in Oxford, Address: So. Paris, Tel. 3-6370. 711

KNAPP AEROTRED Shoes. ELTON (Red) COOLIDGE.

WANTED

WANTED — One second hand Refrigerator. Please call VAndyke 4-2722.

REAL ESTATE

If you have property to sell or if you wish to buy a home, a business or timberland why not contact STUART F. MARTIN, a licensed Real Estate Broker, Rumford Point.

MISCELLANEOUS

I have my 1959 Wall Paper Sample Books. Painting and paperhanging. Spraying basements and playrooms. S. H. BROWNIE, VAndyke 4-2494 or 4-2027.

OIL BURNER CLEANING — NORMAN DICK, VA 4-2778.

HAROLD E. BOLFE, Roofing Contractor. Tel. VAndyke 4-2482.

Floor Sander and Edger for rent. BROOKS BROS., INC.

Leave Shoes at the Bethel Spa for repair and clothes to clean Monday, Wednesday, and Friday. EXCEL CLEANERS AND DYERS, INC., Auburn, Maine.

Leave Shoes for Repairs at ROBERT KENNISTON'S on Chapman St., Bethel. Work done by A. Ouellette, Berlin, N. H.

NEWRY

The Andover Wood Products Co. has completed its logging operations on the land of the International Paper Company at North Newry.

Mr. and Mrs. Seymour McAllister of Bryant Pond were Sunday guests at Fred Wright's.

Friends of Francis Vail Jr. who is now living at Lynchville are sorry to learn that he is in a Portland hospital where he will undergo surgery, having injured his back by a fall on the ice.

Newry town reports which are in the hands of the voters show the town to be in good financial standing.

Mr. and Mrs. Arthur Cummings were dinner guests Sunday at the Hanscom home.

A family gathering was held with Mr. and Mrs. Frank Vail Sunday Feb. 1, honoring the birthday of Mrs. Vail. The group included Mr. and Mrs. Martin Colby of Rumford, Mr. and Mrs. Francis Parsons and three children of Dixfield.

APPECIATION

We are deeply grateful for the sympathy extended to us at the time of our recent bereavement; for the attendance of our Bethel friends at the memorial services and the beautiful flowers and cards.

Walter Marcuse
John, Jeannette and Sadie

Twenty words or less, one week, 30 cents; additional weeks, 20 cents. More than 20 words, one and one-half cents per word the first week; additional weeks, one cent per word.

Advertisements in care of the Citizen, 10 cents per insertion additional.

Display advertising in classified columns, 50 cents per inch.

Cards of Thanks or In Memoriam, 75 cents.

Resolutions of Respect, \$1.00.

SKILLINGTON

— Mrs. Ola Tift, Corres. —

Mr. and Mrs. Kenneth Saunders, Gorham, N. H., called at Carlton Saunders on Saturday.

Mr. and Mrs. Carlton Saunders called to see their son, Elmo, on Sunday, who is a patient at the Rumford Community Hospital.

Mrs. Robert Baker and Calvin spent Thursday with her sister, Mrs. Lawrence Bailey.

Mrs. Herbert Tift spent Saturday with Mrs. Chester French in Norway.

Mrs. Alice McAllister was in Norway on Saturday.

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UPTON

— Mrs. C. A. Jenkins, Corres. —
Mr. and Mrs. C. A. Jenkins, Roger Spter, Larry, Norman and Malcolm Eaman attended the basketball game at Bethel, N. H., Friday evening last week.

John Douglas, son of Mr. and Mrs. Howard Douglas, underwent an appendectomy at the St. Louis Hospital at Berlin, N. H., one day last week. He came home Sunday Feb. 8.

Henry Lane has wrapped in his Chevrolet pickup truck for a new lodge pick-up.

July Jenkins went to the dentist at Bethel Friday afternoon last week.

Larry Eaman was home from Stephens High School over the week end.

Fred C. Jenkins II and Jeanette Reuter were home from Gould Academy over the week end.

Mrs. Gladys Angove and daughter Suzanne of Berlin, N. H., were in town Sunday.

Mrs. Katherine Wright celebrated her birthday Sunday with a family gathering at her home. Her brother, Malcolm Bennett and family joined in the festivities.

The PTA meeting was held Monday evening, Feb. 9, at the home of Mrs. A. Jenkins. After the regular business meeting, Mrs. Jennie Jenkins presented an article on "Education Through the North Pole" after which she served refreshments. The PTA voted to buy a set of 12 grammar school classes.

The school children are practicing for the Winter Carnival at Bethel N. H. Friday P. M. this week.

SOCIETY DIRECTORY

— Mrs. C. A. Jenkins, Corres. —

Upton Lodge, No. 31, L. O. O. F. Meets Friday evenings, N. G. East Main St. Secretary, Rodney Mansman.

Upton Rebekah Lodge, No. 44, Meets first and third Monday evenings, N. G. East Main St. Secretary, Ruth Kittredge.

Upton Valley Grange, No. 134, Meets first and third Monday evenings, N. G. East Main St. Secretary, Gordon Adams. Lettie Hall.

Bethel Chamber of Commerce Meets first Wednesday evening, 7:30 p. m. President, Mrs. Myrtle Lapham. Secretary, Mrs. Arlene Walker.

Eleanor Gordon Guild, Meets second and fourth Wednesday evenings, 7:30 p. m. President, Arlene Lyon. Secretary, Virginia Mudd.

Ladies Club, Congregational Church, Meets first and third Wednesday afternoons. President, Mrs. Margaret Barker. Secretary, Mrs. E. E. Tibbels.

Women's Fellowship of West Bethel Congregational Church, Meets first Wednesday of January, 7:30 p. m. President, Mrs. W. H. Roberts. Secretary, Mrs. W. H. Roberts.

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MAGALLOWAY

— Mrs. Noble Harvey, Corres. —
Wayne C. Ferris died at his camp at Magalloway on Feb. 5, at the age of 85 years. Mr. Ferris had lived in Magalloway for 16 years. He was born in Ellington, N. H., on Feb. 17, 1872. His body was entombed in Colebrook and will be buried in the Magalloway Cemetery in the spring.

Mrs. Mabel Cameron has recovered from her cold and is quite well again.

George Stranger and Charles Johnson, both of Berlin, visited Fred Bennett last Friday.

A baby shower was given Mrs. Pennie Swett at the home of Mrs. Effie Kenney recently. Mrs. Swett received a number of nice gifts and a luncheon was served.

The Magalloway Ladies Club met at the home of Mrs. Hinkley at Wilson's Mills on Wednesday evening.

Mrs. Gladys Bennett is quite ill with a cold.

Milton Cameron of Belmont, Mass., and Miss Betty Haldane spent the week end at the home of his parents, Mr. and Mrs. A. Donald Cameron. Miss Haldane was Milton's first teacher.

Both Fred and Clinton Bennett have had the misfortune to slip and fall on ice lately, laming themselves but are getting better.

Bette Linnell, who is a senior at Fryburg Academy, was home over the week end and also Stanley West and Leslie Olson from Berlin High School and Natalie Swett from Rangeley High.

The weather grows colder and colder below zero Monday morning Sunday was 12 below zero during the day with a terrible wind.

NOTICE OF FORECLOSURE

Whereas E. A. Grover and Samuel O. Grover, both of Mason in the County of Oxford and State of Maine, by their mortgage deed dated December 10th, 1921, and recorded in Oxford County Registry of Deeds in Book 553, Page 128, conveyed to Emma B. Bartlett of Bethel in said County a certain lot or parcel of land situated in said Mason and being a part of lot numbered Three (3) in the third range of lots in said Mason, and a part of lot numbered Three (3) in the second (2nd) range of lots in said Mason; and being the same premises conveyed to the said E. A. Grover by Island E. Mills by deed dated June 1st, 1906.

Also another parcel of land situated in said Mason, adjoining the above parcel and being the A. O. Paine farm so called, as now occupied by said grantors as a home place. Being the same premises owned and described in deed of E. A. Grover, dated May 1st, 1900, recorded in Oxford County Registry of Deeds in Book 273, Page 637.

Being the same premises named in deed of Horatio E. Upton to said grantors dated December 4th, 1904.

Which said mortgage deed was on the 27th day of October, 1926 assigned by the said Emma B. Bartlett to Paris Trust Company and such assignment recorded in said Registry in Book 572, Page 134, and on the 10th day of October, 1927, was by the said Paris Trust Company assigned to Fred C. Edwards and such assignment recorded in said Registry in Book 447, Page 127, and the said Fred C. Edwards on the twenty-seventh day of September, 1941 assigned said mortgage deed to the undersigned Rupert H. Grover and Howard A. Grover who are now the owners of said mortgage deed and

WHEREAS the conditions of said mortgage have been broken and

WHEREAS neither the said E. A. Grover nor Samuel O. Grover, mortgagees of the above described premises is presently on office duty in the Army Navy Marine Corps or Coast Guard of the United States of America or of any Allied Nation or has taken been on such active duty within three months immediately preceding this notice nor is either dependent upon any such person presently or within such three months period on such active duty.

Now therefore by reason of the breach of the conditions thereof the said Rupert H. Grover and Howard A. Grover claim a foreclosure of said mortgage.

Dated the seventh day of January 1959.

Howard A. Grover
Rupert H. Grover

State of Maine
Oxford Co.

Personally appeared Rupert H. Grover one of the owners of said mortgage on this seventh day of January 1959 and made oath to the truth of the foregoing statement by him signed.

Before me
Gordon M. Stewart
Notary Public O. Co.

Gerry Clarke
Notary Public
Notary for mortgages O. Co.

STUDEBAKER
SALES AND SERVICE
O. K. CLIFFORD CO., Inc.

No. Park, Maine Phone 1-0000

300 Main St.
NORWAY, MAINE

1100 Main St.
NORWAY, MAINE

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BANK NOTES

by Malcolm

DID YOU KNOW...

THE OLDEST CHECK MADE OUT ON PAPER WAS DATED IN LONDON ON MARCH 14, 1664. ... (THE CHECK WAS FOR 100 POUNDS AND WAS SIGNED BY THE KING OF ENGLAND.)

A BIG IDEA FOR MAKING A PROFIT FOR FARMERS IS TO OBTAIN FRANCHISES FROM A LOCAL BANK. TODAY'S STARTING COSTS ARE SOLD FROM 100 TO 1000.



TREE FARM TIPS

By Robert M. True, chairman Maine Tree Farm Committee

Have you taken a close look at your Tree Farm recently?

Chances are that here in New England it has white pine on it either occurring naturally or in a plantation.

Take a closer look. If your pines are from 8 to 4 inches in diameter and 15 to 25 feet in height it is time you started pruning for clear lumber. And swapping knots for clear lumber puts real money in your pocket when the logs go to market.

No two woodlots are alike and the costs of pruning and the returns to be expected vary. However, clear lumber has always commanded a premium price. And in recent years the advance in price of the higher grades has exceeded the advances in lower grades.

Your trees are taking up as much room on your Tree Farm growing average quality logs as those of high quality so why not concentrate on producing the higher quality?

Not every tree is suitable for pruning. In practice pruning should be confined to a limited number of trees, representing the best on the area and spaced so as to form the final stand. The number of trees per acre to be treated will vary. On some stands 100 crop trees per acre would be indicated, on others even 200 trees could be pruned effectively.

Both live and dead branches should be cut off. Dead branches may be cut any time but live branches are best cut during the fall and winter pruning done during the spring and early summer often results in the accidental stripping of bark from the trunk causing serious injury.

The height to which pruning may be done is governed largely by local market requirements.

Large logs are commonly cut in lengths of 8, 12, or 16 feet. These lengths plus one foot for the stump and trimming are the lengths

usually pruned. The work is often done in two or more operations several years apart in order not to remove too many branches at one time. Experience has shown that pruning approximately 50 per cent of the total height of the tree will not reduce materially the height or diameter growth. Greater removal than this has the effect of decreasing both growth characteristics. Usually not more than the first log of 17 feet is pruned.

Nothing but a saw should be used to sever the branch from the trunk. Never use an axe. The resulting wound is invariably too jagged to heal satisfactorily, and often degrades the log below its unpruned quality.

The cut should be made as close to the trunk as possible and should be confined to branches of about 1 1/2 inches or less in diameter. This size branch will usually heal over quickly enough to avoid infection.

Pruning is but one of the many important improvements the tree farmer will be planning for his woodlot. He will also be thinking about replanting, weeding and thinning—operations we will treat in the future.

Each of these Tree Farm operations benefits the timber stand in specific ways and proves the point that "the most important attention that can be given New England's woodlands is the intelligent application of the axe and saw."

For Sale — Single House — Songo Pond road right in Bethel — 7 Rooms & Bath — Hot water furnace — Town water — Has shed and garage — on good sized lot — Price \$10,000 — See or call PHIL MARK — Realtor — 36 Exchange St. — Rumford.

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CAROLINA. This is a dependable time watch of a never-before low price.

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EAST BETHEL

Mrs. David Foster, Corres.

Alder River Grange #145 held a regular meeting on February 6 with Worthy Master Peter Haines in the chair. There were 11 members present. It was voted to enter the National Community Contest. Also voted to send for a sample of Kathryn Welch Golden Crumbles to try. Literary program was as follows: Stories on Lincoln by Charlotte Crockett and Phyllis Coolidge. Musical Story by all; Game, Passing the Oranges; Mystery package won by Alvin Stevens; Poem, "Provisions." Lecturer Huldah Stevens; Stories about Lincoln by Evelyn Winslow and Ruth Stevens. Refreshments were served.

Charles Bourne and son, Jonathan of Orono; and Dana Wakefield of Biddeford were week end visitors of Mr. and Mrs. Urban Bartlett.

Mrs. Leona Curtis is feeling better after her recent illness.

Mr. and Mrs. Alton Swan of Norway visited Mr. and Mrs. Gordon Coffin the week end.

Mr. and Mrs. Walter Hamlin and daughters, Sheryl, Cynthia, Pamela, and Wanda Lou of South Watford; Mr. and Mrs. Richard

Stearns and son, Danny, of Rumford Corner were Sunday visitors of Mr. and Mrs. David Foster.

James F. Wiles and Mrs. Louise Wiles of Bethel; Mr. and Mrs. Ernest Angove of Northwest Bethel visited Jim Wiles Sunday at the DesRoches Boarding Home.

Mr. and Mrs. Homer Smith Jr. and children of Northwest Bethel were week end visitors of Mr. and Mrs. Ben Tyler.

Mr. and Mrs. Robert Hastings visited Mr. and Mrs. Al Bancroft in Cape Elizabeth Sunday.

Mr. and Mrs. Willard Farwell visited in Portland Sunday.

Gregory Howe and Sonny Remington went with their Ski Patrol on a trip to Farwell Mountain this week end.

Mr. and Mrs. Frank Osgood Jr. of Bethel, were Sunday visitors of Frank Osgood Sr. at DesRoches Boarding Home.

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Men's 4 buckle Overshoes 5.49
Boys' 4 buckle Overshoes 4.98
Men's Zipper Overshoes 5.59

Brown's VARIETY STORE

SOUTH AL

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SOUTH ALBANY

Mrs. Roy Wardwell, Corres.
Recent callers at Roy Wardwell's are as follows: Daniel Staples, Clayton Penley, "Tink" Ragg, and Harlan Kimball.

Mr. and Mrs. Roy Wardwell attended Pomona Grange at Bryant Pond on Feb. 8. A very nice meeting.

Verna Robinson and Herman Cotehall from Gorham, Maine, called at Leon Kimball's Saturday afternoon.

The roads are very icy in this locality.

Mrs. Alice Wardwell and daughter spent the week end at their home in this place.

NOTICE OF FORECLOSURE

Whereas Floyd T. Kimball, Jr. of Bethel in the County of Oxford and State of Maine, by his mortgage deed dated the twenty-sixth day of September, 1956, and recorded in Oxford County Registry of Deeds in Book 535, Pages 559 & 560, conveyed to me, the undersigned, a certain lot or parcel of land with whatever buildings that may be hereafter constructed upon the same, situated in said Bethel and lying on the westerly side of the Flat Road, so-called in that part of said Bethel known as West Bethel, and bounded and described as follows: Beginning at a point on the westerly side of said Flat Road on the northeasterly corner of land now or formerly of George E. Westleigh, thence westerly along the northerly line of said Westleigh land one hundred fifty-four (154) feet to a stake driven into the ground for a corner; thence northerly on a line parallel with said Flat Road one hundred and fifty (150) feet to another stake driven into the ground for a corner; thence easterly on a line parallel with the first mentioned line one hundred fifty-four (154) feet to the westerly side line of said Flat Road; thence southerly along the westerly side line of said Flat Road one hundred fifty (150) feet to the point of beginning.

Being the same lot or parcel of land conveyed to said Floyd T. Kimball by Jeanette G. Clough by her deed dated September 22nd, 1956 and recorded in said Registry, and

WHEREAS the conditions of said mortgage have been broken, and

WHEREAS the said Floyd T. Kimball Jr. is not presently on active duty in the Army, Navy, Marine Corps or Coast Guard of the United States of America or of any Allied Nation, neither has said Kimball been on such active duty within three months immediately preceding this notice nor is dependent upon any such person, present or within such three months period, on such active duty.

NOW, THEREFORE, by reason of the breach of the conditions thereof, the undersigned Ernest G. Blake, claims a foreclosure of said mortgage.

Noted at said Bethel, this ninth day of February, 1959.

ERNEST G. BLAKE
State of Maine

Personally appeared the above named Ernest G. Blake, owner of said mortgage, on this ninth day of February, 1959 and made oath to the truth of the foregoing statement by him signed.

Before me
GEOFFREY BROOKS
Justice of the Peace.

Geoffrey Brooks,
Bethel, Maine
Attorney for mortgagee

1-7-59

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1 and 2" Clear White Pine
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Closed three days by appointment



IT'S A HAPPY ROAD TO HEALTH for asthmatically-ill youngsters who are provided scholarships by the National Foundation for Asthmatic Children at Sahuaro school, Tucson, Ariz. Children receive the best-possible medical, dental, psychological and other health care while they are in residence at the school. Since September, 1954, Sahuaro school has cared for and medically dismissed more than 150 children from all parts of the United States. The foundation pays total expenses of about 60 per cent of the children, while parents of the other 40 per cent make partial payment. The foundation's program is made possible through contributions by the public.

WEST PARIS

Mrs. Roxie Inman, Corres.

The 1959 membership drive of the Stephens Memorial Hospital is being carried on this week in town and surrounding area. Solicitors this year include Mrs. Mina Morgan, Mrs. Ruth Pray, Mrs. Helen Heath, Mrs. Albert Harlow, Mrs. Ola Mack, Mrs. Eleanor Inman, Mrs. Ruth Hazleton, Mrs. Anne Dunham, Mrs. Norma Heikkinen, Mrs. Nancy Strout, Mrs. Faye Holt, Mrs. Polly Morgan, Mrs. Lila Ellingwood, Mrs. Dorothy Farrar, Mrs. Avis Ellingwood, Mrs. Violet Hilber, Mrs. Myrtle Heikkinen, Charlene Palmer, Nathalie Polvinen, Sheila Heath, Jean Coffin, Mary Russell and Irene Berry. Anyone wishing to join the Auxiliary and not contacted may do so by calling either of the co-chairmen, Mrs. Ali Benson or Mrs. Margaret Nangle.

The Thrift Shop at Norway is in need of dishes and clothing especially children's clothes, shoes, and rubbers. Donations will be most welcome or articles may be sold on consignment. Anyone not having transportation to the Thrift Shop may leave them with any of the following members of the Auxiliary: Mrs. Edwina Palmer, Mrs. Leone Penley, Mrs. Gladys McKern, Mrs. Hazel Andrews, or Mrs. Margaret Nangle.

West Paris foods collector, Roxie Inman, contacts two persons each week for home cooked poultry for the S. M. H. Coffee Shop. Food is delivered to the hospital by Mrs. Hilja M. Polvinen, R. N., who is on the hospital staff.

Mrs. Reta Proctor March of Olney, Chairman, reports \$270.00 has been received from the recent campaign.

Mr. and Mrs. Newton Lamb and five children are staying with their parents, Mr. and Mrs. Conrad Lamb. They lost their home by fire early Tuesday morning. Mr. and Mrs.

SCHOOL NEWS

Grade 7—Mrs. Gunther

In science we are taking up sound. A committee of three was chosen to plan and arrange the display. They are Earl Hansen,

AMERICAN LEGION AUXILIARY

The American Legion Auxiliary met at the home of Mrs. Pearlline McMillin. Mrs. McMillin acted as president. A card was signed by the members to be sent to a shut-in member. After the meeting an Americanism Program was given with each member taking part. A jar of corn was passed around and members guessed the number of kernels in it. Mrs. Adeline Dexter won the prize. Riddles were asked pertaining to Lincoln and Washington. Each member read articles on Lincoln or Washington. Mrs. Mary Cobb won the mystery package. The next meeting will be held at the home of Mrs. Iola Forbes, Feb. 24th, with Mrs. Adeline Dexter and Mrs. Ruth Wilkinson bringing refreshments. At the close of the meeting Mrs. Frances Bennett and Mrs. Mary Cobb served refreshments.

BETHEL FIRE ALARM SIGNALS

2 BLASTS on the AIR WHISTLE REPEATED THREE TIMES—WITHIN VILLAGE LIMITS

3 BLASTS on the AIR WHISTLE REPEATED THREE TIMES—OUTSIDE THE VILLAGE

5 BLASTS on the AIR WHISTLE REPEATED THREE TIMES—Calls for help in any emergency.

IN CASE OF FIRE DIAL VA 4-2211

—when you hear an answer, give the following information: location of fire, and type of fire, such as buildings, grass, woods or chimney.

Earle Palmer Jr. returned from a two weeks business trip to Chicago.

Mr. and Mrs. Elias Rajala and Mrs. Iini Maki are vacationing in Florida.

Mr. and Mrs. Harold Perham visited their son Sidney, Wednesday, at the U. S. Hospital, Togus.

Miss Bonnie Cyr has returned from the Stephens Memorial Hospital.

Mrs. Raymond Dean returned home during the week end from a two week's visit with her son and daughter-in-law, Mr. and Mrs. Arthur Dean, Springfield.

Mrs. Wilbur Libby is spending the week in Hartford, Conn. the pupil of her son-in-law and daughter. Mr. and Mrs. Harold Ellis Mr. Libby District Deputy Fire Warden, is attending the Northeastern Forest Fire Conference at Concord, N. H.

Henry Billings, son of Mr. and Mrs. Earle Billings has enlisted in the U. S. Navy and is receiving training at Great Lakes, Ill.

Arthur Buck who has been employed in Bangor for several months has returned home.

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All Parts Repaired
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THE NEW LIQUID LUSTRE CREME SHAMPOO

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IPANA TOOTHPASTE
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Q TIPS 59c A BOX
plus a free Mennen Baby Powder

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Prescription Hours

Monday-Thurs.-Friday 9-12 A. M. 1-5 P. M.
Tues.-Wed.-Sat. 9-12 A. M. 5-9 P. M.

Donny Young, and Elinor Mills.—We are having a Valentine party and various committees were chosen.—In Social Studies we are starting the study of Asia.

Grade 6—Miss Varner

On our bulletin board we have a display on Lincoln, Valentines and Washington.—Twenty pupils received pins for eating a 100% breakfast every morning for two weeks.—Monday afternoon we had a fire drill.—We have put the materials in boxes for our Social Studies' projects and labelled each box.—Last Friday we made Valentines. We are planning a Valentine party for Friday.—In our room we have four Boy Scouts: Billy Keoskie, Eric Paul, Paul Vachon, and Dennis Wheeler. Three of them attended the Lions Club supper Monday night. They enjoyed it very much and thank the Lions Club for it.

Grade 4—Mrs. Ring

Many of us went to the 8th grade

fair and we had lots of fun. In writing we got a gold star. This week we are studying about birds in science. On Monday Mark Walker had his tonsils and adenoids removed. We are making a display on the bulletin board about Washington, Lincoln, and the historical events in their times.

Grade 8
The 8th grade fair which was held Friday night, Feb. 6, was a success. The 8th grade would like to thank everyone who came for making it a success. Games, movies, dancing, fortune telling and refreshments, brought in about \$150 in profit.—In class meeting it was voted to have a pastel graduation. We are practicing the graduation march now. Everyone is looking forward to graduation.—Mrs. Lurvey's group is studying Lincoln's Gettysburg Address this week in honor of Abraham Lincoln.—Reporters, Raymond Harrington, Dale Lapham.

Bethel Calso Station

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CEMENT BLOCKS AND CHIMNEY BLOCKS

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Hardwood and Elm, Spruce and Fir

Will advance money on same.

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Good printing is a convenience in the home. Inexpensive personal stationery is not only economical and in good taste but it is plain "good business" when used for other than social purposes. One's name and address plainly printed offer exact information of your identity in occasional correspondence.

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many comparatively small businesses. As a matter of economy of time and money, it will pay to see what we can do for you in this line.

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Vandyke 4-2444

The Citizen Office

FROM OUR FILES

10 YEARS AGO

A snowfall of 17½ inches was recorded in the Sunday River Valley. Mrs. Loris Tinker and Mrs. Grace MacFarlane were in New York buying spring and summer merchandise for The Dress Shop.

Mrs. McConna Phillips, technician at the Central Maine General Hospital, Lewiston, was taking a course of advanced training at the First Diagnostic Hospital, Boston.

Deaths: Mrs. Mary Arlett, 77; Mrs. B. Dean.

24 YEARS AGO
Hydrex's McMullen bought the trucking business operated by Harold Harvey.

The local Boy Scout troop observed Scout Week with an interesting program at the Legion Rooms.

Bethel young people were enjoying roller skating parties at Norway.

Gould Academy boys entertained Metro High at Anderson's Ski House, Skillington, jumping, cross country, slalom, downhill and some snowmobiling was enjoyed.

Deaths: Norman Trafton Ordway, Mrs. Ross Knapp, Mrs. Nellie Moody Leo J. Buck.

BETHEL BOWLING
Went to bowling results: Caroline Merrill, high single string, 163; Norma Jeffrey, high 3 string total, 237.

High single for young women, Lillian Carter, 105.

Mens bowling high 3 string total 270, Win Howe, High Single, Ben Helms 121, High single for young men, Hugh Chapman, 114.

Why dig deeper for a more interesting male mind when we haven't even scratched the surface of our female counterpart supply? Miss Betty Lee Rankin, Johns Hopkins University, says the shortage of scientists.

LOST
BE IT A LOST ARTICLE YOU SEEK OR...

NEWSPAPER AD FOR SOME COGGING FAST RESULTS!

14 DAY SHOE SALE
WE MUST MAKE ROOM FOR MORE SPRING AND SUMMER SHOES

You need or are going to need shoes.

Take advantage of this special shoe sale and save money ahead of the season.

One lot of discontinued numbers and some broken pairs of ballroom, dress, and casuals, etc. Regularly priced at \$1.50 (clean them out at

\$2.00

One lot of discontinued numbers and some broken pairs of ballroom, dress, and casuals, etc. Regularly priced at \$1.50 (clean them out at

\$3.00

ALL OTHER SHOES AT 10% DISCOUNT

SHOP

The Specialty Shop

5 Broad St. Bethel, Me.

GOULD ACADEMY

"Pat" Takes 52-51 Thrilling Victory Over Gould

Gould Academy dropped its final game of the year in a thriller that wasn't decided until the final second of the game. Larry Cummings with 18 points was high point man of the game in a losing cause. Coach Berry started five seniors in this final game, and they put up a great fight, but fell five points behind before the regulars were inserted midway of the second period. With less than a minute to go the Huskies were out front 51-50, but could not hang onto the ball and finally lost the game.

Coach Bowhay's JV's were red-hot during the last two periods and ended the season with a 52-21 victory.

New England Intercollegiate Ski Championship

This year the New England Intercollegiate Ski Championship, sponsored by the New England Association of Secondary Schools Principals, will be held at Kennett School in Conway, N. H. Kennett will be host to the top three teams in each New England state. The Gould ski team will participate as one of the three top teams from Maine, and will leave the Academy at noon on Thursday, Feb. 12.

Winter Sports Playday
On Saturday, Feb. 14, 23 girls from Gould Academy will travel to Kents Hill for their annual winter sports playday. Five of the girls will be competing with the Kents Hill girls and the Auburn Ski Club girls in a three-way meet consisting of the down-hill and slalom events. These events will start at 9 A. M. and the Gould girls are determined to maintain the honor they earned in placing second at the (Girls Ski Meet held at Andover two weeks ago. The remaining 23 girls will be competing in a variety of a junior varsity basketball game scheduled to be played in the afternoon. Although the Kents Hill girls have the advantages of competitive experience and playing on their home court, the games should be close and exciting. This winter sports playday is one of three scheduled with Kents Hill each year. The other two include a fall playday held on Parents' Day consisting of archery, tennis and field hockey matches and a spring play day consisting of softball, tennis and archery events.

4-H CLUB ENROLLMENT UP IN ALL MAINE COUNTIES

For the first time in recent history all counties in Maine have increased their 4-H club enrollments over that of a year ago, reports Kenneth C. Lovejoy, state 4-H club leader, Maine Extension Service.

Lovejoy said it was the first time that he could recall when every one of the 16 county areas in Maine had increased their 4-H club project enrollments. On Jan. 28, Maine's 4-H enrollment had reached 8703. This was 1225 ahead of a year earlier when the enrollment was only 7478.

Most significant of all, said Lovejoy, was the fact that four counties have already achieved higher enrollments than they did for all of last year. These counties are Piscataquis, with 166 more 4-H projects than last year; Somerset, 53 more; Washington, 50 more and Northern Arctostook, 22 more. And there are about four more months of enrollment in 4-H clubs before the books are closed on the current year, Lovejoy added.

Increased enrollment in January totaled 8703. All counties reported new 4-H enrollments with Knox-

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NORWAY, MAINE
Dist. 818-8885

FEBRUARY 15 - SUNDAY

THE MOTION PICTURE CHEER!
BIG BOOK! BIG CASH!
BIG PICTURE!

SPENCER TRACY
THE LAST HURRAH
A DANCE OF DEATH

FEBRUARY 26-27
FRIDAY AND SATURDAY

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60 YEARS AGO



A familiar scene in the 1890's. In the foreground is Lissa A. Hall, uncle of Fred Hall, with one of his fine horses. At the left is the Ebenezer Richardson mill, which was dismantled by 1895. Remains of the mill were discovered when excavations were made for the Shell service station now operated by "Pete" Chapin on that location. Down Mechanic Street the houses are much as now with exception of added piazzas and the second story of the house in the center. At the right is the bandstand which was removed before the soldier's monument was erected in 1908.

SAVINGS IN USING SHORT FORM 1040A

That short Form 1040A you got in the mail will save you time and, eventually, money if you can use it.

The time saving, said Whitney L. Wheeler, Director of Internal Revenue for the Augusta District, will come from the greater ease and speed in filling out the card.

The money saving, he said, will accrue first to Uncle Sam and later to the taxpayers in the form of reduced expenses.

He explained the short cards can be processed at far less expense than it costs to process more complicated forms.

"The card you received in the mail," Mr. Wheeler said, "is pre-punched especially for your ease so that it may be processed faster and at even less cost. So, use it if you can."

Lincoln leading with 106 additional projects. Others with substantial increases during the month were Androscoggin-Sagadahoc, Franklin, Penobscot, Oxford, Central Arctostook, Waldo and Northern Arctostook Counties.

Counties with the largest 4-H enrollments were Penobscot, with 1903, and Knox-Lincoln, Somerset, Cumberland, and Oxford. Lovejoy pointed out that local 4-H club leaders and county 4-H club agents deserve much credit for the fine increase in enrollment this year.

DIED
In Magalloway Plantation, Feb. 6, Wesley N. Ferris, aged 60 years.

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until February 28

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66 weeks \$4.79 117 weeks \$18.17

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23 months \$3.85 36 months \$5.85

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1959 MAINE HIGHWAY MAP BEING DISTRIBUTED

The 1959 Official Maine Highway Route Maps are now being distributed by the State Highway Commission. They are, or soon will be, available to all Maine State Highway Commission offices, Department of Economic Development, Publicity Bureau, chambers of commerce and travel bureaus.

The new map is designed to assist the motorist. Major highways are shown in red, other highways in black. The land area of the State is white; lakes, rivers and even are blue; bordering New Hampshire and Canada are in soft pink and green. State parks are printed in vivid green and cities of 10,000 and over in population are yellow. Around the border of the highway seven large scale inset maps help the motorist locate routes in the urban areas of Rumford, Bangor-Brewer, Saco-Biddeford, Waterville-Winslow, Portland-

South Portland, Auburn-Lewiston, and Augusta. A handy mileage index gives the distance between 40 Maine towns; and a legend gives the symbols for the Appalachian Trail, parks, camp sites, picnic area and game management areas.

On the reverse side 72 places of interest have been pinpointed. Surrounding this map is a border of colorful pictures showing typical scenes of Maine's activities. Also included on this side of the new highway map is informational material covering the geography of Maine, its industries, recreational features, and highway route mileage log with accumulative mileages.

The cover of the 1959 Official Highway Map is a picture of a candy-striped Quoddy Light at Lubec. The back cover shows a typical bit of handsome Maine woodland scenery complete with trout stream and a backdrop of blue hills.

TIME TO MAKE PLANS FOR FARM AND HOME WEEK

Maine farmers, homemakers, and others are beginning to make definite plans now to attend Farm and Home Week at the University of Maine in Orono, March 30 through April 2. Room reservations for the modern dormitories on the campus may be made by writing to Miss Velma Oliver, Housing Office, University of Maine, Orono. New or unusual features this year include the forestry meeting starting Monday afternoon and the Forestry Forum supper and meeting Monday evening, a public parks program, a meat cutting demonstration, a live TV show a conservation program, a clinic on taking color slides, an art exhibit, and an International Farm Youth Exchange program.

THIS IS MAINE POTATO WEEK

This is Maine's fourth annual Potato Week, February 8 to 14. Maine growers are stressing the fact that potatoes are not fattening. One medium sized potato contains only about 100 calories, just about the same as a fairly large apple or half a grapefruit. Maine potatoes are an especially good buy right now.

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